

CASE MANAGEMENT: YOUNG ADULTS IN TRANSITION

WHAT ARE REASONS YOUNG PEOPLE DO NOT GO IN FOR SERVICES?

- ◉ Stigma
- ◉ Guilt/Shame
- ◉ Lack of finances
- ◉ Lack of insight on mental illness/trauma
- ◉ Lack of knowledge about resources
- ◉ Access to services

Some Common Behavioral Health Challenges for Young Adults

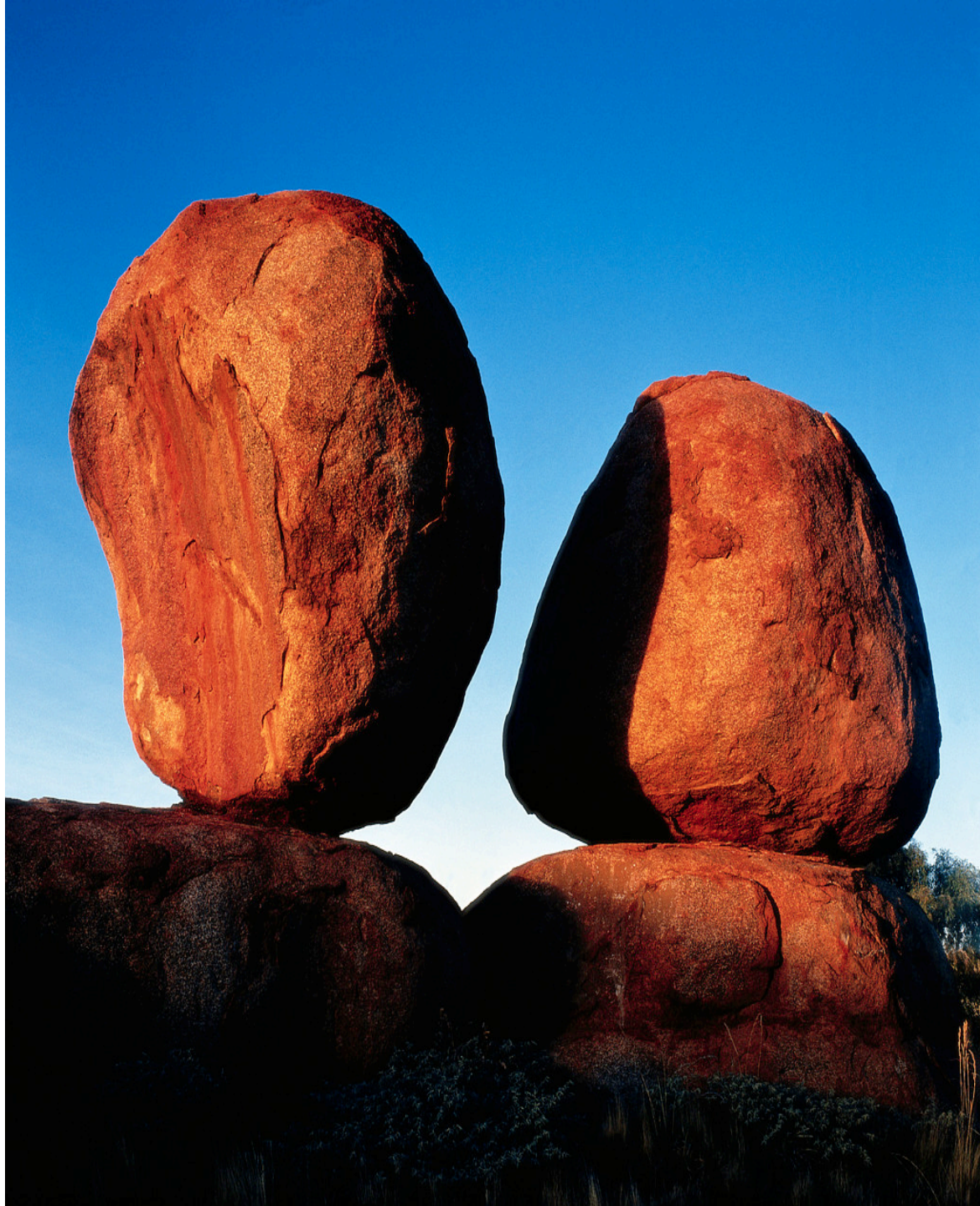
MAJOR DEPRESSION

BIPOLAR DISORDER

ANXIETY DISORDER

SCHIZOPHRENIA

SUICIDALITY



<div> <div>MENTAL HEALTH DISORDERS</div> </div>	<div> <div>SYMPTOMS/ BEHAVIORS</div> <div>(5 of 9)</div> </div>	<div> <div>HOW YOU CAN HELP</div> </div>
<div>Major Depression</div>	<div> <div>Depressed Mood</div> <div>Changes in sleep pattern or body movement</div> <div>Little interest in activities</div> <div>Inability to sleep/oversleeping</div> <div>Pacing or slowing of thought</div> </div>	<div> <div>Be mindful of mood shifts and alternative sleep patterns</div> <div>Look for when they seem most productive</div> </div>
<div>One of the most common reasons people seek MH Services</div>	<div> <div>Guilt/Worthlessness;</div> <div>Frequent thoughts of death or suicide</div> </div>	<div>Learn to differentiate self harming behavior versus suicidality</div>
<div>Highest among Individuals aged 18-25</div>	<div> <div>Difficulty concentrating</div> <div>Fatigue</div> </div>	<div>Focus on short term goals they want to accomplish.</div>

Suicidality

V. S. Self Harming

The deliberate taking of one's life.

A form of mutilation.

Often the last resort when the person feels there are no other options.

Is about escaping feelings, coping with stressors, expressing pain, punishing themselves, euphoria (causes addiction

Types: Cutting, Burning, Hitting, Picking at skin, Pulling hair, Biting, Carving

Warning Signs:

- Seeing cuts and burns
- Wearing hoods or long sleeves during hot weather
- Spending long periods of time locked in a bathroom/bedroom
- Isolation and avoiding social situations

BIPOLAR DISORDER

<https://www.youtube.com/watch?v=KSvk8LLBo2g>

MENTAL HEALTH DISORDERS

SYMPTOMS/ BEHAVIORS

HOW YOU CAN HELP

Anxiety Disorder	Excessive Fear; Worry about things before they happen	Reorient them to logic and problem solving methods
Affects 40 million adults in the United States age 18 and older every year.	Irritability and lack of concentration	Encourage self regulating skills (Ways to calm down)
Most common form of mental illness in the U.S.	Uneasiness that interferes with daily life	Be patient and encourage small victories
5 Types: GAD, Obsessive Compulsive Disorder, Panic Disorder, PTSD, Social Phobia	Physical Complaints: Frequent stomach aches, headaches, or physical complaints	Rehab on recognizing physical signs of anxiety Appt. to see doctor.

MENTAL HEALTH DISORDERS	SYMPTOMS/ BEHAVIORS	HOW YOU CAN HELP
Schizophrenia	Little range of emotions; Few facial expressions; Poor eye contact;	Do not challenge or add to delusions/hallucinations
Schizo- Split Phrenia- Mind Splitting of the mind	Delays in language, Unusual motor behaviors; Odd speech, both in content and tone	Encourage alternative coping skills and treatment while also educating on support of medication.
	Hallucinations	Teach “check in, check out” techniques to ground in reality.
	May demonstrate confusion, suspicion, paranoia;	Do not jump to hospitalizations for every

DELUSIONS V.S. HALLUCINATIONS

- ◉ Delusion- are considered **inaccurate/false beliefs** held by an individual, (typically with a mental illness), regardless of logical evidence disproving the belief.

Ex. Neighbor can project and insert thoughts into your head.

“My neighbor can read the thoughts in my head?”

- ◉ Hallucination- A person experiences something that doesn't really exist except in their mind.

Visual, Auditory, Olfactory (Smells), Gustatory (Taste), Tactile (Feeling)

Auditory hallucinations (e.g. hearing voices or some other sound) are most common type of hallucination in schizophrenia.

MENTAL HEALTH DISORDERS	SYMPTOMS/ BEHAVIORS	HOW YOU CAN HELP
Suicidality	Statements of hopelessness, worthlessness and guilt Giving possessions away etc.	Be direct with the question, mindful of tone and language used. (QPR and CAMS)
2nd Leading cause of death for people ages 10-34	Sudden happiness/high energy after prolonged periods of sadness/depression	Do not elicit shame or guilt to divert suicide attempts. Be able to separate self harm from suicidality
	Sudden interest or disinterest in religion	Know difference between active and passive suicidality

SOCIAL EMOTIONAL DEVELOPMENT

- Who am I? Where do I belong?

- Identity development (gender, sexual, ethnic)
- Self-esteem
- Role of peer group



- How do I relate to others?

- Social Skills
- Emotional Intelligence

THE DEVELOPING BRAIN, ADOLESCENCE AND VULNERABILITY TO DRUG ABUSE

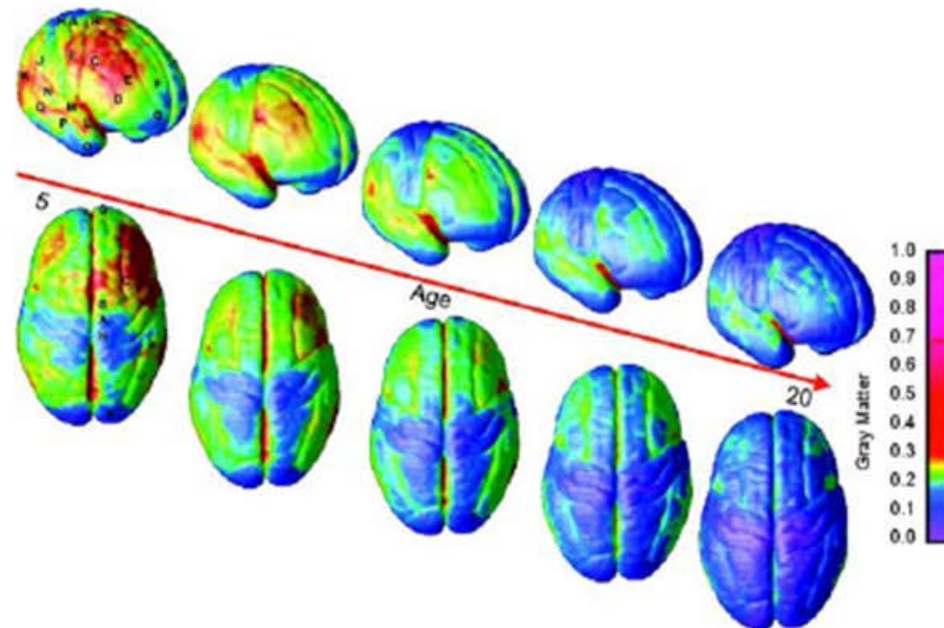
Brain Development



Maturation Occurs from Back to Front of the Brain

Images of Brain Development in Healthy Youth (Ages 5 – 20)

Blue represents maturing of brain areas

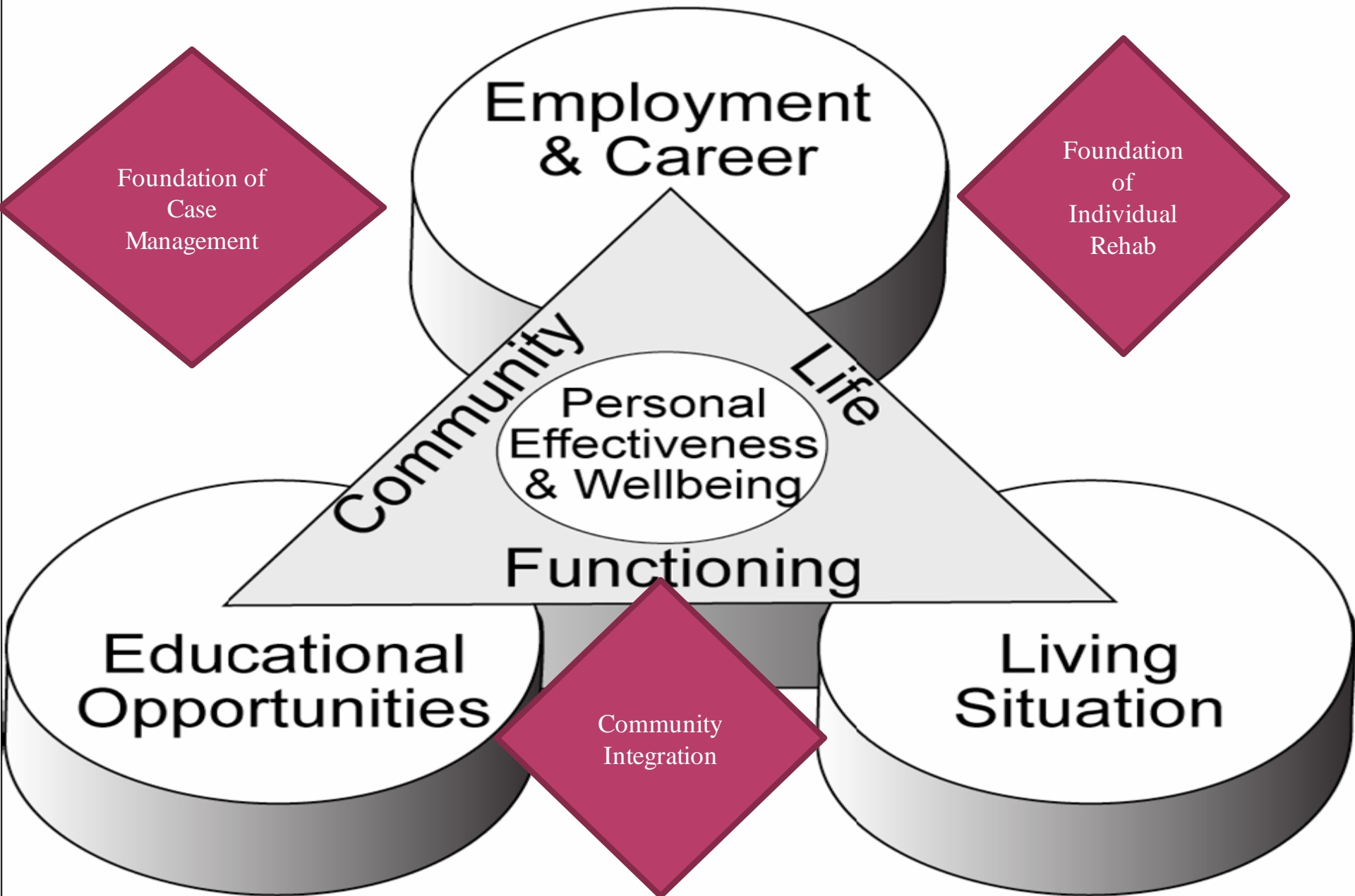


Source: Gogtay, Giedd, et al., 2004.

Copyright © 2004 The National Academy of Sciences, USA
Gogtay, N., Giedd, J.N., et al. (2004)
Dynamic mapping of human cortical development during childhood through early adulthood
Proceedings of the National Academy of Sciences, 101 (21), 8174 – 8179

Transition Domains

Tool Kit



IMPROVING TRANSITION OUTCOMES FOR YOUNG PEOPLE

Community Integration

- ◉ Physical Integration: Activities of daily living
- ◉ Social Integration: Engaging in social interactions with community members (General Members)
- ◉ Psychological Integration: Sense of belonging in their community



Education

Living Situations

Employment and Career

Community Life Functioning

PUTTING CASE MANAGEMENT AND LIFE DOMAINS INTO PRACTICE



Education

Living Situation

**Case
Management
Advocate, link
and Refer**

Employment and Career

Community Life Functioning

PUTTING INDIVIDUAL REHABILITATION AND LIFE DOMAINS INTO PRACTICE



Ind
Rehab



Life
Domains



Success

Education

Living Situation

Ind Rehab
Educate, teach
and taught

Employment and Career

Community Life Functioning

RESOURCES

Education Resources

Local Career Technology Centers <http://www.okcareertech.org/technology-centers>

Alternative Education Programs/GED <http://ok.gov/sde/ged-testing-centers>

Living Situations

Local Housing Authorities https://www.hud.gov/program_offices/public_indian_housing/pha/contacts

Oklahoma Housing Finance Agency <http://www.ohfa.org/>

Local Community Action Agencies <http://okacaa.org/agencies/>

Employment and Career

Oklahoma Department of Rehabilitation Services <http://careers.okdrs.org/>

Community Life Functioning

Local Community Action Agencies <http://okacaa.org/agencies/>

YMCA <http://www.ymca.net/>

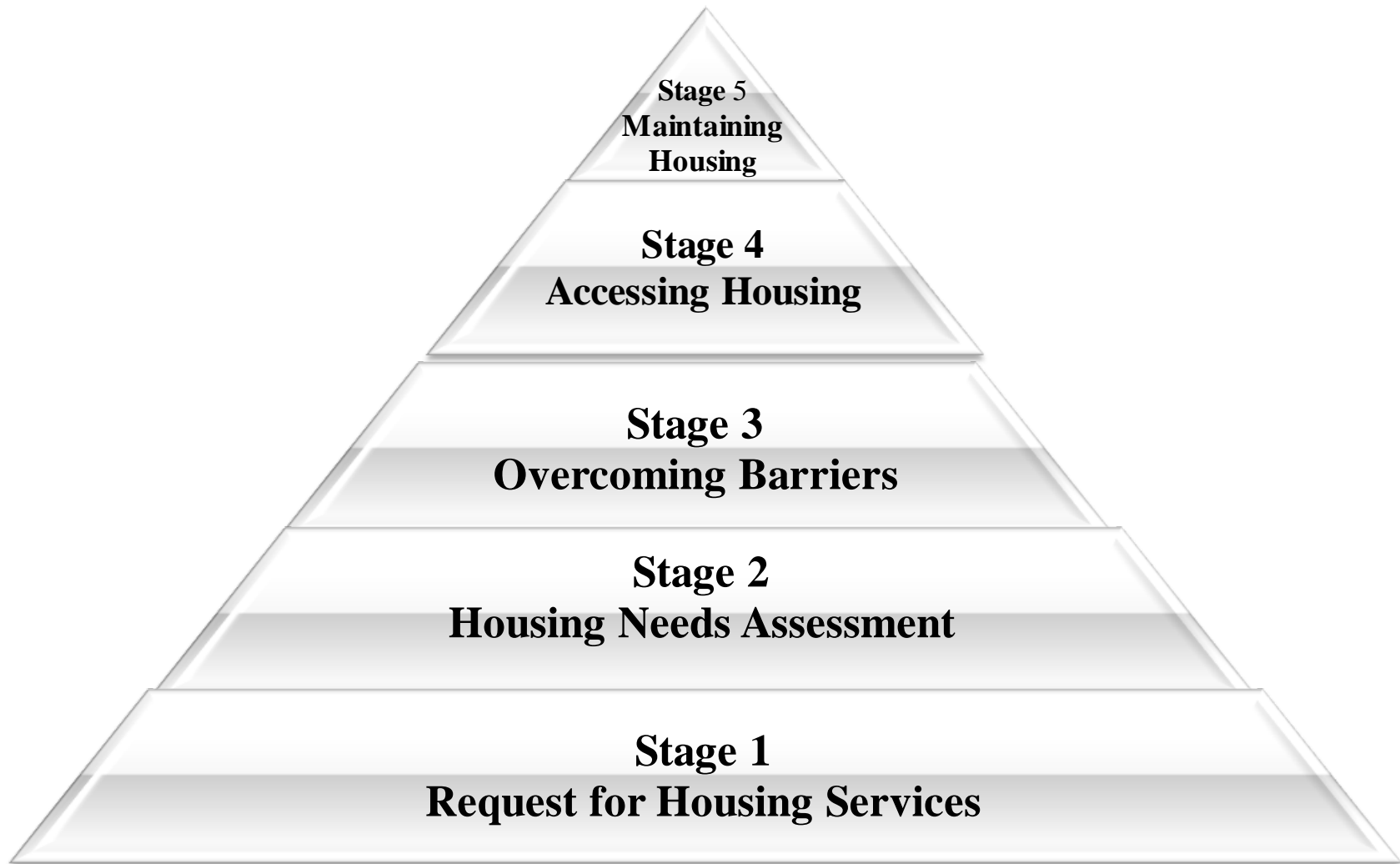
Former Foster Youth <http://www.okil.ou.edu/yes-i-can>

Former Foster Youth <http://www.okil.ou.edu/>

HOUSING AND HOMELESS PREVENTION



ACCESSING HOUSING



HOUSING NEEDS ASSESSMENT

- ◉ **Housing Supports and Services**
- ◉ **Transportation Services**
- ◉ **Financial Supports**
- ◉ **Employment Services/Supports**
- ◉ **Education Services/Supports**
- ◉ **Social Supports and Services**
- ◉ **Life/Daily Skills Services**

“HOUSING FIRST” APPROACH TO CASE MANAGEMENT

An approach that prioritizes:

- ◉ Providing **quick permanent affordable housing** to individuals and families experiencing homelessness.
- ◉ Provides **community supports and supportive services** in order to keep their housing and avoid returning to homelessness.

HOUSING FIRST: IMPORTANCE

Housing First yields:

- Higher housing retention rates
- Lower returns to homelessness
- Significantly reduces the use of crisis services and institutions

HOUSING FIRST: KEY PRINCIPLES

- Safe and affordable housing
- All people can achieve housing stability in permanent housing; supports may look different
- Everyone is “housing ready”
- Improved quality of life, health, mental health, and employment can be achieved through housing
- Right to determination, dignity and respect
- Configuration of housing and services based on participants needs and preferences

HOUSING FIRST: PERMANENT SUPPORTIVE HOUSING

- Most effective for people experiencing chronic homelessness
- Housing First permanent supportive housing models result in:
 - ✓ Long-term housing retention rate of up to 98 percent
 - ✓ Improved physical and behavioral health outcomes
 - ✓ Reduced use of crisis services
 - ✓
- Current PSH providers can move to Housing First model by:
 - ✓ Reviewing current policies and procedures
 - ✓ Learn and adopt Housing First services approaches and practices

HOUSING FIRST: CORE COMPONENTS

- Few to **no programmatic prerequisites** to permanent housing entry
- Low barrier admission policies
- Rapid and streamlined entry into housing
- Supportive services are voluntary
- Tenants have full rights, responsibilities, and legal protections
- Practices and policies to prevent lease violations and evictions
- Applicable in a variety of housing models

HOUSING FIRST CHECKLIST: PROJECT-LEVEL ELEMENTS

Additional Elements Found in Advanced Models:

- Applicants prioritized based on duration/chronicity of homelessness, vulnerability, or high utilization of crisis services.
- Tenants given flexibility in rent payments; payment plans or financial management (e.g. rep payee).
- Case managers trained in motivational interviewing and client-centered counseling.
- Non-judgmental communication regarding drug/alcohol use and offers education on avoidance of risky behaviors.
- Building/apartment accommodations for disabilities.

WHAT ARE THE ELEMENTS OF A HOUSING FIRST PROGRAM?

- Permanent supportive housing (PSH)
- Rapid Re-Housing.

PERMANENT SUPPORTIVE HOUSING

Targets:

- Individuals and families with chronic illnesses, disabilities, mental health issues, or substance use disorders.
- Must have experienced long-term or repeated homelessness.
- It provides long term rental assistance and supportive services.

How Can You Help?

- ◉ Case managers should provide documentation to validate illness or disability.
- ◉ May require VI-SPDAT scores to prove risk of repeated episodes of homelessness

VI-SPDAT

- ◉ Vulnerability Index Service Prioritization Decision Assistance Tool
- ◉ Prioritizes who will receive services based on vulnerability
- ◉ Different Types:
 - Single Adults
 - Family

VULNERABILITY INDEX SERVICE PRIORITIZATION DECISION ASSISTANCE TOOL

C. Socialization & Daily Functioning

10. Is there any person, past landlord, business, bookie, dealer, or government group like the IRS that thinks you owe them money? ☐ Y ☐ N ☐ Refused

11. Do you get any money from the government, a pension, an inheritance, working under the table, a regular job, or anything like that? ☐ Y ☒ N ☐ Refused

IF "YES" TO QUESTION 10 OR "NO" TO QUESTION 11, THEN SCORE 1 FOR **MONEY MANAGEMENT.**

SCORE:

0

12. Do you have planned activities, other than just surviving, that make you feel happy and fulfilled? ☐ Y ☒ N ☐ Refused

IF "NO," THEN SCORE 1 FOR **MEANINGFUL DAILY ACTIVITY.**

SCORE:

0

13. Are you currently able to take care of basic needs like bathing, changing clothes, using a restroom, getting food and clean water and other things like that? ☐ Y ☒ N ☐ Refused

IF "NO," THEN SCORE 1 FOR **SELF-CARE.**

SCORE:

0

14. Is your current homelessness in any way caused by a relationship that broke down, an unhealthy or abusive relationship, or because family or friends caused you to become evicted? ☐ Y ☒ N ☐ Refused

IF "YES," THEN SCORE 1 FOR **SOCIAL RELATIONSHIPS.**

SCORE:

0

RAPID RE-HOUSING

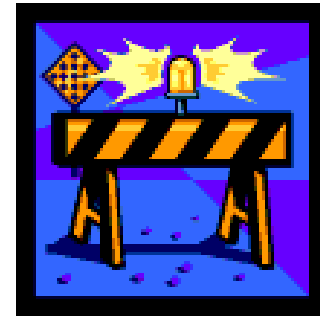
- Provides short-term rental assistance and services.
- Goals- to help people obtain housing quickly
- Core Components of rapid re-housing—housing identification, rent and move-in assistance, and follow up short term case management

How Can You Help?

- ◉ May require diagnosis letter or verification of disability/illness
- ◉ May require validation of planning to or currently participating in a case management program
- ◉ May request that the consumers work with their own case managers.

OVERCOMING BARRIERS TO ACCESSING HOUSING

- Poor or lack of rental history
- Lack of financial resources
- Criminal history
- Social stigma associated with involvement in systems (mental health, criminal justice, etc.)



FAIR HOUSING ASSISTANCE



Metropolitan Fair Housing Council of Oklahoma: private, nonprofit, fair housing agency dedicated to the creation of racially and economically integrated communities, and the elimination of housing discrimination throughout the state.

Legal Aid Services: A non-profit law firm. They help eligible low-income individuals and seniors with civil legal problems.

- ❑ 1. Client services to alleged victims of housing discrimination
- ❑ 2. Fair Housing and fair lending education and outreach to consumers, public and private social service, community, faith-based organizations, attorneys and members of the housing industry

CLIENT SERVICES



Metro Fair Housing Council Offers (MFHC)

- ✓ **Fair Housing Counseling**
- ✓ **Investigation and Testing**
- ✓ **Complaint Referral**
- ✓ **Mediation Services**
- ✓ **Legal Referral**

EDUCATION AND OUTREACH



- ◉ MFHC provides Fair Housing Educational and Outreach services throughout Oklahoma
- ◉ Fair housing and fair lending training
- ◉ Educational seminars
- ◉ Outreach services are for everyone.

FAIR HOUSING ASSISTANCE



Metro Fair Housing Council of Greater Oklahoma City
1500 N.E. 4th Street, Suite 204
Oklahoma City, OK 73117
405-232-5119

<http://metrofairhousing.org/index.html>

FAIR HOUSING ASSISTANCE



Legal Aid Services of Oklahoma

- ✓ **Eviction**
- ✓ **Foreclosure**
- ✓ **Landlord Repairs**
- ✓ **Public Housing and Section 8**

FAIR HOUSING ASSISTANCE



Legal Aid Services of Oklahoma

Administrative Offices

2901 North Classen Blvd., Suite 110

Oklahoma City, OK 73106

405-521-1302

<http://www.legalaidok.org/>

ACCESSING HOUSING: HUD REGULATED AGENCIES RENTAL ASSISTANCE PROGRAMS



ACCESSING HOUSING: HOUSING AGENCIES

Oklahoma Housing Finance Agency (OHFA)

Public Housing Authorities (PHA)

HOUSING AGENCIES COMPARISON

OHFA Programs

- ✓ Section 8 Rental Assistance Program
- ✓ Family Self Sufficiency Program
- ✓ Section 8 Homeownership Program
- ✓ Project Based Contract Administration (PBCA)
- ✓ Housing Opportunity People With AIDS (HOPWA)
- ✓ Veterans Affairs Supportive Housing (HUD-VASH)

PHA Programs

- ✓ Section 8 Rental Assistance Program
- ✓ Public Housing Program
- ✓ Homeownership Program
- ✓ Family Self Sufficiency Program
- ✓ Family Reunification Program

SECTION 8 RENTAL ASSISTANCE PREFERENCE PROGRAMS

OHFA Preference Program

- ✓ Homeless Preference

OKC PHA Preference Program

- ✓ Disabled Preference

Tulsa PHA Preference Program

- ✓ Disabled Preference
- ✓ Disabled and Receiving SSI/SSDI Preference
- ✓ Elderly 62 and Older Preference
- ✓ Living in a Care Facility (Shelter) because of Domestic Violence

OHFA SECTION 8 RENTAL ASSISTANCE APPLICATION

PRELIMINARY APPLICATION

PLEASE COMPLETE THIS FORM AND RETURN TO:

Waiting List
OHFA
PO Box 26720
Oklahoma City OK 73126-0720

Office Use Only												
Received/ Revised	Unit Size	Preference										
		T	P1	P2	P3	P4	P5	P6	P7			
		T	P1	P2	P3	P4	P5	P6	P7			
		T	P1	P2	P3	P4	P5	P6	P7			

Legal address if different from mailing address

Applicant's Mailing Address

Note: If your legal or mailing address changes, you must notify this office to maintain your waiting list status.

Evidence of legal address claimed at time of application must accompany this form when returned. Acceptable evidence includes copy of driver's license or other official document listing head of household, spouse or co-head at claimed legal address. Preliminary Applications returned without evidence of legal address cannot be accepted.

Part 1: Head of Household

Please complete this part for the Head of Household.

Social Security Number

Date of Birth

Sex

☐ Female

☐ Male

Are you willing to move when offered assistance

☐ Yes

☐ No

Are you Disabled

☐ Yes

☐ No

Home Telephone

Other Telephone

Other Telephone Type

☐ Work

☐ Other Specify:

Race

(Check All That Apply)

☐ White

☐ Black

☐ Asian/Pacific Islander

☐ American Indian/
Alaska Native

Ethnicity

(Check One Box)

☐ Hispanic

☐ Not Hispanic

Racial and ethnic data for
statistical purposes only.

Part 2: Household Information

List information for adults first, then children under age 18. Use "F" or "M" to indicate sex. If a household member is disabled check the "Y" check box, if not disabled, check "N." List relationship of each person to the Head of Household. Attach additional sheet if family has more than ten members.

Last Name	First Name	Social Security #	Date of Birth	Sex	Disabled	Relationship
					<input type="checkbox"/> Y <input type="checkbox"/> N	
					<input type="checkbox"/> Y <input type="checkbox"/> N	
					<input type="checkbox"/> Y <input type="checkbox"/> N	
					<input type="checkbox"/> Y <input type="checkbox"/> N	
					<input type="checkbox"/> Y <input type="checkbox"/> N	
					<input type="checkbox"/> Y <input type="checkbox"/> N	
					<input type="checkbox"/> Y <input type="checkbox"/> N	
					<input type="checkbox"/> Y <input type="checkbox"/> N	
					<input type="checkbox"/> Y <input type="checkbox"/> N	
					<input type="checkbox"/> Y <input type="checkbox"/> N	

Please Continue to Part 3

✓ Step 1

Application can be completed online or on paper.

Applicants mailing address is extremely important

Date of Birth and SS# are important

House hold information is also important.

OHFA SECTION 8 RENTAL ASSISTANCE⁹⁹

PRELIMINARY APPLICATION

Part 3: Family Income and Assets

List total gross income (before taxes) and payments received by each family member age 18 and older from wages, military pay, pensions, social security, SSI, welfare, child support, unemployment, business, profession or any other source.

First Name	Gross Income	How Often	If Income is from Wages List Address of Employer
_____	\$ _____	<input type="checkbox"/> Weekly <input type="checkbox"/> Every 2 Weeks <input type="checkbox"/> Monthly <input type="checkbox"/> Yearly	_____
_____	\$ _____	<input type="checkbox"/> Weekly <input type="checkbox"/> Every 2 Weeks <input type="checkbox"/> Monthly <input type="checkbox"/> Yearly	_____
_____	\$ _____	<input type="checkbox"/> Weekly <input type="checkbox"/> Every 2 Weeks <input type="checkbox"/> Monthly <input type="checkbox"/> Yearly	_____
_____	\$ _____	<input type="checkbox"/> Weekly <input type="checkbox"/> Every 2 Weeks <input type="checkbox"/> Monthly <input type="checkbox"/> Yearly	_____
_____	\$ _____	<input type="checkbox"/> Weekly <input type="checkbox"/> Every 2 Weeks <input type="checkbox"/> Monthly <input type="checkbox"/> Yearly	_____

All information provided in this section needs to be accurate.

List total cash value and total income received for assets owned by all family members.

Type of Asset	Cash Value of Asset	Income Earned from Asset
Checking Accounts	\$ _____	\$ _____
Savings Accounts	\$ _____	\$ _____
Stocks, Bonds, CDs, Investment	\$ _____	\$ _____
Real Estate	\$ _____	\$ _____
Other	\$ _____	\$ _____

Part 4: Eligibility and Preferences

Your response to the following statements will help determine your eligibility for rental assistance and if you are entitled to a preference when placed on the program's waiting list. Check each box that applies to your current status.

Are you homeless? ☐ Yes ☐ No

Homeless is defined as living in a shelter. *(Verification from a shelter must be attached)*

Are you or a member of your household disabled? ☐ Yes ☐ No

(Disability verification must be attached)

Part 5: U.S. Citizenship Notification and Certification

Housing may be contingent upon the submission and verification of evidence of citizenship or eligible immigration status prior to the time housing is made available. Based on the evidence submitted at that time, assistance may be prorated, denied or terminated following appeals and informal hearing processes.

I certify that the information on this form is true and complete to the best of my knowledge and belief. I understand that I can be fined up to \$10,000, or imprisoned up to five years if I furnish false or incomplete information.

X _____

Date _____

Key Points: If the family meets the preference list, a signed letter of disability from a medical professional such as a Psychiatrist, PA Assistant, or Doctor can speed up the process: A psychologist, CM, RN, or LPN is not a medical professional according to OHFA.

OHFA SECTION 8 RENTAL ASSISTANCE

Step 2 Certification/Recertification Process

- ✓ Verification of Income and Household Composition
- ✓ Financial Eligibility Determination

OHFA SECTION 8 RENTAL ASSISTANCE

Step 3 Obtaining a Voucher

- ✓ Issuance of Vouchers-(when funding is available) OHFA will issue vouchers to applicants whose eligibility has been determined.
- ✓ Applicant Briefing- HUD requires briefing for all applicants (individual or group).

OHFA SECTION 8 RENTAL ASSISTANCE

Step 4 Landlord Approval and Scheduling the Housing Quality Inspection (HQS)

- ✓ **Landlord Approval-** participants must gain landlord approval before requesting an inspection.
- ✓ **HQS-** In the Section 8 Housing Choice Voucher Program the dwelling must pass the inspection to receive a subsidy.
- ✓ **Housing Quality Standards** help to ensure the dwelling will be safe, healthy, and comfortable.

ACCESSING SECTION 8 RENTAL ASSISTANCE

Step 5 Housing Assistance Payment Contract (HAP)

- ✓ **HAP**-agreement is the final step in the process of obtaining housing
- ✓ **HAP**-places agreement between OHFA and the landlord.
- ✓ **OHFA** will provide assistance up to 40% of the monthly adjusted income

Availability and wait times vary, always have back up resources.

MOST FREQUENT BARRIERS FOR EX-OFFENDERS

- ◉ **Felony Drug or Violent Conviction Policy:** Assistance **will be denied for a period of 3 Years** from the date of conviction/arrest/and/or incarceration
- ◉ **Methamphetamine Policy:** Assistance **will be denied for a period of 10 years** if an individual has been arrested/convicted/incarcerated for using/distributing/manufacturing methamphetamine (whichever is later)
- ◉ If an individual has been arrested/convicted/incarcerated for distribution and manufacturing of methamphetamine **in or on government owned housing or property that individual will face a life time ban from receiving section 8 housing.**

MOST FREQUENT BARRIERS FOR EX-OFFENDERS

- ❑ **Sex Offender Policy:** OHFA will **permanently deny admission or terminate assistance** if any member of the household is subject to a **lifetime registration** requirement under a State sex offender registration program.
- ❑ Sex Offenders, not subject to lifetime registration, will be denied assistance for a period of 10 years from the date of arrest/conviction/incarceration (whichever is later) or during the period they are required to be registered as a sex offender, whichever is greater.

OXFORD HOUSE



OXFORD HOUSE

- ❖ Oxford House is a democratically ran, self-supporting, drug free home
- ❖ The number of residents in the house may range from 6-15
- ❖ Houses for men, women, and women with children.
- ❖ Average stay is a year, can be three or more

OXFORD HOUSE LOCATIONS

January 2019

Ada	2	Norman	10
Broken Arrow	3	OKC	28
Claremore	6	Owasso	1
Enid	4	Ponca City	2
Edmond	5	Shawnee	3
Moore	4	Stillwater	2
Muskogee	2	Tulsa	31

ELIGIBILITY CRITERIA FOR OXFORD HOUSE ACCEPTANCE

- ❖ Completion of inpatient alcohol or drug treatment
- ❖ Completion of a medical detox program
- ❖ Sobriety that is free from dangerous withdrawals

Oxford House

Self-Help for Sobriety Without Relapse

[Home](#)[About Us](#)[Houses](#)[Manuals](#)[Publications](#)[Site Map](#)[Links](#)[Contact Us](#)

VACANCIES

[Watch the
Oxford House
60 Minutes
Video](#)

2010 Annual Convention
Chicago!

Info for
Neighbors

How to Apply

Newsletter



Oxford House

Self Run, Self Supported, Addiction Recovery Houses



"Together We Can..."

Oxford House - Windows Internet Explorer

http://www.oxfordhouse.org/userfiles/file/

⏮ ⏪ ⏩ ⏭ 🔍 Bing

★ Favorites | ★ Suggested Sites | 📧 Free Hotmail | 🌐 Web Slice Gallery

📁 Oxford House

🏠 📡 📄 🖨 Page Safety Tools ? >>

Oxford House

Self-Help for Sobriety Without Relapse



[Home](#) | [About Us](#) | [Houses](#) | [Manuals](#) | [Publications](#) | [Site Map](#) | [Links](#) | [Contact Us](#)

VACANCIES

Watch the
Oxford House
60 Minutes
Video

2010 Annual Convention
Chicago!

Info for
Neighbors

How to Apply

Newsletter



Directory

- Vacancy Search
- Landlords
- Legal
- Banking
- Applications
- Audit
- Traditions
- Viability Calculator

Oxford House

Self Run, Self Supported, Addiction Recovery Houses



"Togethe

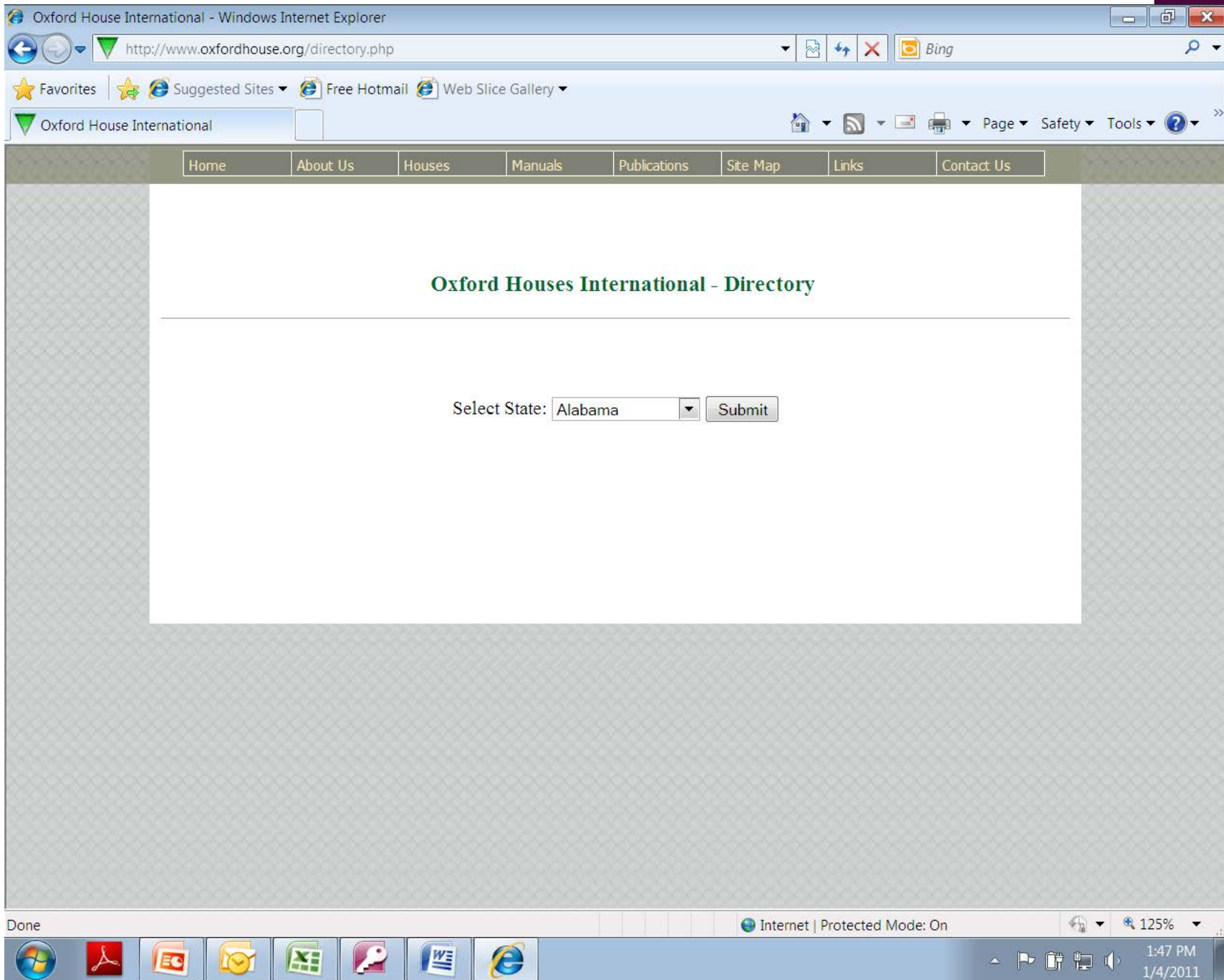
http://www.oxfordhouse.org/directory.php

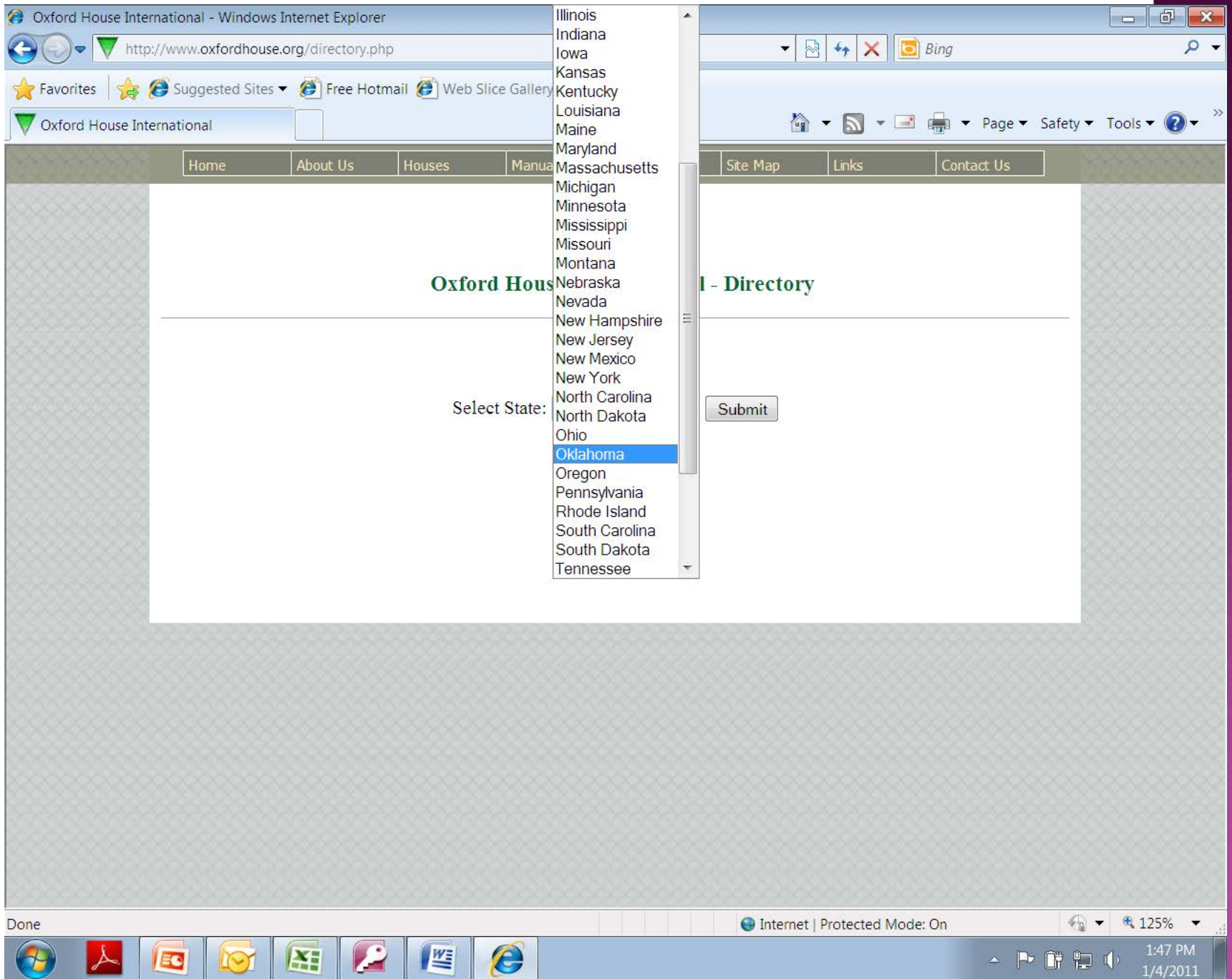
Internet | Protected Mode: On

125%

1:46 PM
1/4/2011







Oxford House International - Windows Internet Explorer

http://www.oxfordhouse.org/directory_listing.php

★ Favorites | ★ Suggested Sites | Free Hotmail | Web Slice Gallery

Oxford House International





Page | Safety | Tools

Oxford Houses of Oklahoma - Directory

Sorted by City Name

For a printable list, go to the bottom of this page

Oklahoma

Oxford House Ardmore 2 224 C Street SW Ardmore, OK 73401-4923 580-319-4299	Gender: M Total Occupancy: 7 Charter: 12/30/2005 Vacancies	
Oxford House Westwood 602 Rosewood Ct. Claremore, OK 74017-4731 918-923-6563	Gender: M Total Occupancy: 8 Charter: 3/1/2008 Vacancies	
Oxford House Claremore 112 E. 13th Place Claremore, OK 74017-4207 918-341-4827	Gender: W Total Occupancy: 7 Charter: 7/15/2008 Vacancies	
Oxford House Will Rogers 109 E 4th Street Claremore, OK 74017-7403	Gender: M Total Occupancy: 9	

(2 items remaining) Downloading picture http://www.oxfordhouse.org/userfile: |


Internet | Protected Mode: On

125%

1:47 PM
1/4/2011

Map | Satellite | Hybrid

Westwood House
Gender: M
602 Rosewood Ct.
Claremore, OK 74017-4731
Contact: 918-923-6563
Total Beds: 8
Vacancies: 1



Map data ©2010 Google - [Terms of Use](#)

ELIGIBILITY

Application Process:

- ❖ Complete an application
- ❖ Contact the outreach services rep or the house to schedule an interview
- ❖ Attend interview at the house
- ❖ Requires an 80% yes vote from residents, if not they can try another house.

RESIDENT EXPENSES

- ❖ Residents must pay a \$100 move in fee
- ❖ The rent ranges from \$75 to \$125 per week per individual.
- ❖ Each individual is responsible for their own groceries and personal hygiene items.

SUCCESS RATE

Monthly Success Rate: 93% ₁

Long Term Success Rate: 87% ₂

1. Based on data collected in Oklahoma
2. DePaul University found at oxfordhouse.org

NATIONAL OXFORD HOUSE RESIDENT PROFILE

Number of Women's Houses: 669	Number of Houses for Men: 1,618	Recovery Beds for Men: 12,872	National Network of Houses: 2,287
Total Recovery Beds: 18,025	Number of States with Houses: 44	Percent Addicted to Only Alcohol: 21%	
Cities with Oxford Houses: 481	Average Rent/Group/Month \$1,526	Race -- White 69% Black 22% Other 9%	Marital Status – Never Married 48% Separated 18% Divorced 28% Married 5% Widowed 1%
Average Age of Residents 37.2	Residents Working: 87%	Prior Homelessness: 68%	Average Jail Time: 13.4 Mos.
Percent Veterans 12%	Average Monthly Earnings: \$1,895	Average Time Homeless: 7.9 Mos.	Prior Jail: 77%
Average Educational Level 12.2 yrs	Residents Working: 87%	Average AA or NA Meetings per Week: 5.2	Percent Going To Counseling plus AA/NA: 45%
Range of Educational Level 3-19 yrs.	Average Monthly Earnings: \$1,895	Average Length of Sobriety of House Residents: 13.4 Mos	Residents Expelled Because of Relapse: 21.9%
Average Cost/Person per Week: \$123	Percent Addicted to Both Drugs and Alcohol: 79%	Average Length of Stay in an Oxford House: 8.3 Mos.	Average No. of Applicants For Each Vacant Bed: 4.4

OKLAHOMA OUTREACH REGIONS

Cities by Region

Region 1

Oklahoma City
Edmond
Midwest City
Bethany
Mustang

Region 1: 405-446-2751

Region 2

Tulsa
Broken Arrow
Owasso
Claremore
Muskogee
Sapulpa

Region 2: 918-936-0267

Region 3

Ardmore
Ada
Shawnee
Durant
McAlester

Region 3: 405-519-1910

Region 4

Norman
Moore
Lawton

Region 4: 405-826-6796

Region 5

Stillwater
Enid
Ponca City

Region 5: 405-826-6818



RESOURCES

Tulsa Day Center for the Homeless, Inc.

415 W. Archer Street
Tulsa, OK 74103
918-583-5588

West Town Day Center OKC

1729 NW 3rd street
Oklahoma City, OK
73106

Mental Health Association in Tulsa

1870 South Boulder
Tulsa, Oklahoma
74119

Phone (918)585-1213

Fax (918)585-1263

info@mhat.org

www.mhat.org

Neighborhood Services Organization

413 SW 11thSt.
Oklahoma City, OK
73109
405-236-0413
www.nsookc.org

Youth Services of Tulsa

311 S. Madison Ave.
Tulsa, OK 74120
(918) 582-0061
<https://www.yst.org>

RESOURCES

USDA

Tommy Earls, Program Director

100 USDA, Suite 108

Stillwater, OK 74074

405-742-1070

E-mail: tommy.earls@ok.usda.gov

City Care, Inc.

2400 General Pershing Blvd.

Oklahoma City, OK 73107

(405) 609-2400

www.citycareinc.org

Jonathan Roberts - Executive Director for Be The Change/YES services

405-589-5315

Jonathanroberts@bethechangeok.org

Oklahoma Association of Community Action Agencies

2800 N.W. 36th street, suite 221

Oklahoma City, OK 73112

(405)949-1495

www.okacaa.org

Mental Health Association (OKC)

Address: 400 N Walker Ave, Oklahoma City, OK
73102

Phone: (405) 943-3700

WEBSITES

U.S. Department of
Housing and Urban
Development

www.hud.gov

Oklahoma Housing
Finance Agency

www.ohfa.com

Oklahoma City Housing
Authority

www.ochanet.org

Tulsa Housing Authority

www.tulsahousing.org

Lawton Housing
Authority

www.lawtonhousing.org

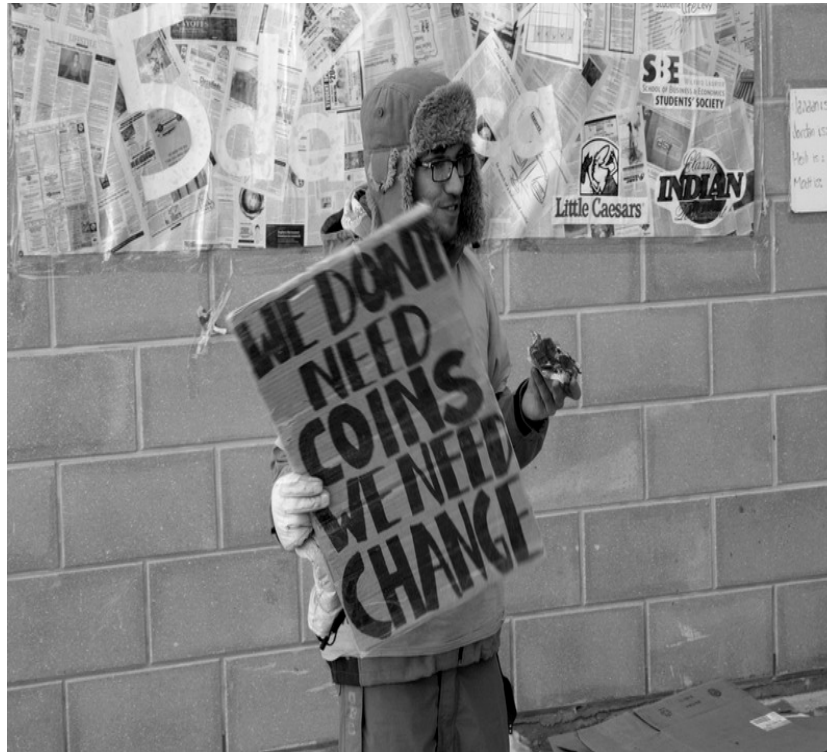
Norman Housing
Authority

www.normaha.org

Coco's Story

<http://www.youtube.com/watch?v=T9o0sKUkIoA>

QUESTIONS?



We have come dangerously close to accepting the homeless situation as a problem that we just can't solve. -Linda Lingle